

April 4, 2018

Short descriptions of parallel sessions

Workshop 1:

The five pillars of Clowning: A master crash course - Part I and II [3h30min]
Gary Edwards, RED NOSES Clowndoctors International, Austria

If these five pillars of clowning are in place and the **existential question** is visible, it will always work. If we **understand** these five pillars of clowning **intellectually and** then learn to **apply them physically**, we cannot go wrong. Add to this the application of the clown's existential question and the master clown is born. We will work individually in such a way that those observing the work will also learn a lot about the art form.

Oral presentations:

Geriatric forum I: Healthcare Clowning's responses to an aging population
Tünde Gelencsér, PIROS ORR Bohócdoktorok Alapítvány, Hungary
Angela Halvorsen Bogo, The Fool Story, Norway
Pauline Woestelandt and Andrea Magnolfi, Vivre Aux Éclats, France

These three presentations will focus on special formats of humour and clown techniques developed to respond to the needs of the elderly (hospitalized or receiving care in homes). The presenters will highlight different ways of engaging with these audiences: the **"Hotel Sunshine"**, a 10 episodes soap opera combining clown techniques and improvisation; the use of sensitivity, voice and presence for people in **end of life care**; and **"Creators and Creatures"** costume workshops involving elderly patients with neurodegenerative illnesses and caregivers. Taken together it is all about establishing connection with elderly people, activating them and humanising the care environment.

Symposium:

Balancing acts: Leadership in non-profit organizations
a.o.Univ.Prof. Dr. Ruth Simsa, NPO & SE Competence Centre, WU Vienna University of Business and Economics, Austria
Mag. Eva More-Hollerweger, NPO & SE Competence Centre, WU Vienna University of Business and Economics, Austria
Dr. Paul Rameder, NPO & SE Competence Centre, WU Vienna University of Business and Economics, Austria
Monica Culen, RED NOSES Clowndoctors International, Austria
Dr. Bernard Drumel, drumel.org, Austria

Healthcare Clowning organisations are part of the non-profit sector and thus have to be managed and led in efficient and economic ways. This symposium explores the specific challenges leaders of such organizations face. The speakers will provide valuable insights on **how leaders of Healthcare Clowning organisations can build resilient teams that perform with excellence** and thus foster **social innovation**. Additionally, the session deals with the development of voluntary work, with adequate organizational

responses, and with practical questions for the management of volunteers.

Oral presentations:

Training and educational models: Investing in the professionalization of Healthcare Cloning
Nicole Csacsinovits, RED NOSES Clowndoctors International, Austria
Dr. Amnon Raviv, The Dream Doctors Project, Israel
Marc Mauguin, Le Rire Médecin, France
Thais Ferrara, Doutores da Alegria, Brazil

This session will present different academic and training initiatives that are leading to further developments in the professionalization of Healthcare Cloning. Different models and approaches will be presented, ranging from the implementation of a three-years' wide-ranging **international training curriculum**, a **six-month training course registered** on the "National Registry of Professional Certifications" in France, and the implementation of a **MA program** in medical clowning. The session will also look at how Healthcare Cloning organizations are developing **methodologies to reach out to different publics**, such as for example medical students. Together we want to discuss how these steps can contribute to the recognition of healthcare clowning, support its sustainability, and meet the increasing need to provide and meet quality criteria.

Oral presentations:

Reaching new audiences I: Special formats, needs and skills of Healthcare Cloning
Melissa Holland, Dr Clown Foundation, Canada
Dr. Atay Citron, and Rinat Feniger-Schaal, PhD., University of Haifa, Israel
Anna Wojtkowiak-Williams, CZERWONE NOSKI Kłown w Szpitalu, Poland
Robert McNeer and Antonio Melone, La Luna Nel Pozzo, Italy

This session is focused on new approaches of clowning for particular audiences, including audience and skills development, and the larger inclusion aspect of Healthcare Cloning. The presentations in the session will address the concrete benefits of clowning for **Children with Autism Spectrum**, the contribution of Healthcare Cloning to the development of socio-emotional abilities of **children with development disabilities**, and the stimuli provided by clowns' visits to **children in coma** and for those who have come out of a coma and gone into rehabilitation. The session will also present an initiative with a focus on **"special needs" clown work** and the **work of clowns with Down syndrome**.

Workshop 2:

The digital clown: How to connect through new technologies - Part I and II [3h30min]
Rinze Heininga and Desiree van de Wiel, CliniClowns Foundation, The Netherlands

How do clowns connect with children with a screen in between? Is it possible to create an imaginary world through the camera and connect from a distance? In this workshop participants test the clown method of video calling, and will practice **online clowning video-calls for and with children**. Participants will learn how to do clowning in front of the camera. The overall goal is to test new models to respond to the fast moving pace of **digital technologies**.

Workshop 3:

Puppets as a therapeutic tool: How to extend the clown's means of expression - Part I and II [3h30min]
Avital Dvory, The Dream Doctors Project, Israel

This is a practical workshop in **puppetry** oriented towards the therapeutic effect of the medical clown in hospital. The workshop will focus on modern techniques in puppets animation and on the puppet as a therapeutic tool. The aim of the workshop is to extend the clown's means of expression and to give a powerful tool for communication. This tool can have strong impact on diverse issues like violence, self-confidence, control, anxiety, and more.

Workshop 4:

Spontaneous song and sound: Tuning into your clown's creativity - Part I and II [3h30min]
Helen Donnelly and Suzette Araujo, Holland Bloorview Kids Rehabilitation Hospital, Canada

In this workshop, participants will explore their own style of spontaneous music through their clown and **learn how to create spontaneous songs** based on people they encounter, emotions and even objects in the room. Personalizing music goes a long way toward making patients, their families and staff feeling included and heard. Creating a customized song or soundscape honours their choices through an authentic musical approach.

Workshop 5

We must clown: different artistic formats to engage with refugees – [1h45min]
Sabine Choucair, Clown Me In, Lebanon

This workshop will look into different clown techniques and include hands-on exercises for the **work with refugees and/or disadvantaged communities**. Combining the art of clowning and storytelling, the workshop will include games and focus on different interaction options of how to connect with people on a deeper human level, and how this can be done in very difficult and challenging environments.

Poster presentations: Gallery tour

The poster sessions about **Innovations in the realm of Healthcare Clowning** runs in parallel with the afternoon sessions. The posters can be viewed during the afternoon of the first day, but only during the defined session will the author be available to explain their work, answer questions and engage in discussions. As this is a more informal format, the arrangements will reflect this. The poster session will be very interactive and the majority of time will be marked by the interaction between the authors of the posters and the audience. **Enjoy a drink while learning about initiatives being implemented worldwide.**

Oral presentations:

Geriatric forum II: Connecting and reaching out to people with dementia

Andrea Kiss, PIROS ORR Bohócdoktorok Alapítvány, Hungary

Magdalena Schamberger, Independent Creative Collaborator and Honorary Professor at the Queen Margaret University, United Kingdom

Olivia Sblendorio, Land In The Net, United States

David Symons, The Humour Foundation, Australia

Olivier-Hugues Terreault, Teatro do Sopro, Brazil

According to the World Health Organization, dementia *“is one of the major causes of disability and dependency among older people worldwide”*, affecting around 50 million people and with nearly 10 million new cases every year. The second part of the geriatric forum will tackle this syndrome and address **how Healthcare Clowning can support the treatment and improve the quality of life of people with dementia, as well as support carers and families**. The presenters will explore how humour and clowning can connect with people with dementia, how healthcare clowning approaches for this demography vary, and how the sector can respond to the needs people suffering from dementia. The presentations will also cover **stress relief and burnout prevention techniques for carers**.

Oral presentations:

Challenges and opportunities: Healthcare Clowning in countries without strong clown traditions

Tarek Zboun, RED NOSES International - Palestine

Giorgia Elisa Giunta, Fekat Circus, Ethiopia

Aniet Esther Venereo, M.sc and Reyna de La Paz Falcón, Group of Therapeutic Clowns, Cuba

Justė Liaugaudė, RAUDONOS NOSYS Gydytonai klounai, Lithuania

Dr. Barnaby King, Clownencuentro Internacional, Colombia

Healthcare Clowning organisations active in countries without strong clown traditions face particular challenges and opportunities. Whilst the idea of being a clown has become increasingly attractive and popular worldwide, the understanding and acceptance of the clown figure, in terms of cultural references, may take time to emerge. In addition, professional training possibilities are either missing or very limited. Presenters will explore the **differences in clowning and humour** in different areas of the globe; discuss how they are **building artistic expertise and creating awareness** for this work in their respective countries. They will also tackle the impact of the implementation of healthcare clowning programmes and the challenges in financing to ensure the sustainability of such programmes.

Workshop 6:

Stress and burnout: How to identify common signs of burnout and build resilience – [1h45min]

Dr. Alberto Dionigi, Federazione Nazionale Clowndottori, Italy

Clown doctors are strongly client-focused and are involved in complex psychological, physical, and social situations that make them vulnerable to stress and burnout. Given the negative effects of burnout on the quality of care, this workshop aims at providing useful recommendations for clowns who work in health settings. The workshop will focus on specific theoretical aspects, personality, gender differences, and the

main causes of burnout. The primary purpose of the workshop is to enable participants to **identify common signs of burnout**, as well as to **understand the effects and consequences of burnout** in the workplace.

Workshop 7:

Clownomics: How to develop fundraising programmes for Healthcare Cloning organisations – [1h45min]
Christopher Carnie, Pallapupas, Spain

This workshop will explore how healthcare clown organisations can **develop fundraising programme that bring in more funds**. It is an interactive and participative workshop that includes work on leadership and how to communicate with donors, role-play and information and know-how exchange on fundraising methods and programmes. **Learn how to plan fundraising for your organisation and understand fundraising for healthcare clowns in different cultures.**

Workshop 8:

Rapport and bonding: Healthcare clowns' experiences and practice on how to establish rapport with patients – [1h45min]
Dr. Amnon Raviv, The Dream Doctors Project, Israel

The goal of the workshop is to **experience and practice a new and innovative method to establish rapport with patients, in different stages of their diseases**. Accompanying patients with life-threatening and incurable diseases can be meaningful for the patients only if the healthcare clown can establish unique and extraordinary rapport with the patients. The first step is to experience our inner dialogue (between the clown persona and the person "behind" the clown).