

April 5, 2018

Short descriptions of parallel sessions

Workshop 1:

Movement and playfulness - Part I and II [3h30]

Jos Houben, theatre artist, Belgium

This workshop explores the **principles of physical comedy**, such as accidents, chases and fights. Participants will learn how to set up simple action-based situations, exploit naturally occurring mistakes and how to build up to a routine.

Symposium:

Communication and relations with medical staff

Michael Christensen, Founder of the Big Apple Circus, United States

Dr. György Péter, Head of the Haematology - Oncology Department, Heim Pál Children's Hospital, Hungary, Tünde Gelencsér, PIROS ORR Bohócdoktorok Alapítvány, Hungary

Mark Mekelburg, Operação Nariz Vermelho, Portugal

Gary Edwards, RED NOSES Clowndoctors International, Austria

Healthcare Cloning organisations around the globe have started to develop several workshops formats for medical staff, students and professionals from different fields. These workshops support the **strengthening of relations with medical staff** and create another sustainable and positive **contribution to healthcare**. The presenters will address several initiatives being implemented and discuss **new avenues** on how this crucial relationship between healthcare clowns and medical staff can be further strengthened.

Symposium:

Research Partnerships: Building knowledge about Healthcare Cloning

Laura Vagnoli, Meyer Children's Hospital Florence, Italy

Morgana Masetti, Doutores da Alegria, Brazil, Brazil

Susana Caires, Instituto de Educação – Universidade do Minho, Portugal

Susana Ribeiro, Operação Nariz Vermelho – Associação de Apoio à Criança, Portugal

This symposium will share results of several studies developed by a group of researchers from the Portuguese research project "Is laughter the best medicine?" and the Healthcare Clown Research International Network. The research collaboration is committed to giving a broader, more comprehensive and profound vision of the healthcare clown's interventions. Based on principles of inter- and transdisciplinarity, multi-focus, collaboration and accessibility of knowledge, and considering different settings and healthcare agents, this collective endeavour is aimed at **bridging the gap between research and healthcare clowning practice**, and building a common and vigorous body of knowledge on this recent and expanding field. In this symposium, the presenters invite the audience to participate in a **collective reflection on challenges and paths that this growing community as to go through in the near future**.

Oral presentations:

Reaching new audiences II: Special formats, needs and skills of Healthcare Cloning

Tiffany Riley, Laughter League, United States

M.s Talia Safra, The Dream Doctors Project, Israel

Peter Ahlburg, MD, Department of Clinical Medicine, University of Aarhus, and Gitte Møller Madsen, Danske Hospitalsklavne, Denmark

Avital Dvory, The Dream Doctors Project, Israel

The professionalization of Healthcare Cloning helped to reach out to new audiences that require closer ways of collaboration between medical staff and healthcare clowns. Inspiring examples of working in a **Burn Victim Unit or with young patients suffering from an eating disorder** will explore those new ways of cooperation in depth. Additionally this session will be focus on how to become an indispensable part of medical routines like **pre-operative procedures** and show the positive impact that healthcare clowning can have on the target group.

Oral presentations:

Healthcare clowning in the crossroads between the arts and therapy?

Gabriela Rajniakova, ČERVENÝ NOS Clowndoctors, Slovakia

Ina Parker Serrano, Chile

Evelyn Tuths, LCSW, Practitioner Of Play, United States

Dr. Alyona Ivanova, Pirogov Russian National Research Medical University, Russia

This presentation explores the **parallels, overlaps and influences between healthcare clowning and other professions in the field of psychosocial care**. The presenters will look at Healthcare Cloning (research) from the point of view of a) the therapeutic work of creative art therapists, b) occupational therapy, c) Social Work and d) Psychology. All presentations will encourage the audience to reflect on potential cooperation and how closer relations between different humour application forms and research can be established.

Workshop 2:

Introduction to "Clown through Mask" - Part I and II [3h30min]

Sue Morrison, Theatre Resource Centre, Canada

In this workshop, participants will undertake **introductory exercises that are the preparatory work for the Clown through Mask** workshop but which stand on their own as an introduction to North American Indian clowning.

Workshop 3:

"Sense and Sensibility": Clowning for children with (multiple) disabilities - Part I and II [3h30min]

Hanneke Heessels, CliniClowns Foundation, The Netherlands

Clowning for children with multiple disabilities demands specific skills of the clowns, and a profound understanding of the children's needs. During this interactive workshop, participants will learn how to

open up their senses and rediscover them. They will also experience what a disability of one of the senses involves. The workshop will focus on **how to approach children with disabilities and how to challenge them within the clown play.**

Workshop 4:

Tools for fools in elderly care: Clowning for people with dementia - Part I and II [3h30min]
Patrick Lynham Van Den Boom, Sykehusklovnene/Klokkeklovnene, Norway

This workshop focuses on **clowning for people with dementia.** Participants in this workshop will work on 10 important values for working with elderly people, including presence, safety, the “*non-doing*” and the moment of the encounter.

Workshop 5:

Before the music starts: It’s all about timing – [1h45min]
Giora Seeliger, RED NOSES Clowndoctors International, Austria

How and how long are you be able to wait for the surprise, for the birthday cake? Before the music starts is the best time to place the accident, the unexpected. In this workshop, participants will explore techniques how to integrate everything that happens incidentally and cannot be programmed. The focus in this workshops lies on **the accident and the objects that get out of your control are your dramaturgical allies**, allies of your sketch.

Participants can bring instruments, juggling balls or any kind of props.

Oral presentations:

Extending the limits: Clowning in crisis areas
Eriko Kumagai, Japan Cliniclowns Association, Japan
Yaron Sancho Goshen, The Dream Doctors Project, Israel
Alexandre Penha, Terapia da Alegria, Brazil
Frederik Bruun Birnbaum, RED NOSES Clowndoctors International, Austria

In the last years, Healthcare Cloning organisations around the globe reacted to different crises and emergencies, such as earthquakes in Japan (2011) and Nepal (2015), or neglected diseases in Cameroon, and internal conflicts in Ukraine. This session focusses on **clowning in crises areas and the principles that apply to the work in disaster relief areas.** The presenters will share **stories from the field;** about the effects of accompanying medical, humanitarian and developmental professionals on the one hand, and on the other hand about giving a much needed psychological support to help people dealing with traumatic situations, disease and illness and who often find themselves living in the most dire and vulnerable situations.

Wild card:

Challenges of Healthcare Cloning research: State of the art, good practices and wild discussion
Laura Vagnoli, Meyer Children’s Hospital, Florence, Italy
Morgana Masetti, Pontifícia Universidade Católica de São Paulo, Brazil

Susana Caires, Instituto de Educação – Universidade do Minho, Portugal
Susana Ribeiro, Operação Nariz Vermelho – Associação de Apoio à Criança, Portugal

This session addresses **research about healthcare clowning** and will start with a presentation of the state of the art in this field. This will be followed by **know-how sharing** and **discussion** about relevant topics that should be addressed when designing, implementing and disseminating a research project. Using a dynamic strategy to promote participation, the session's leaders propose a discussion with different participants (researchers, clowns, managers and healthcare staff) that can give varied contributions concerning current and future challenges related to various aspects of research on healthcare clowning.

Wild Card:

The costume as a tool for visual communication
Berit Haltvik, Sykehusklovnene, Norway

This interactive session explores the **potential of the clown's costumes** as a tool for visual communication and how it supports the development of the individual clown personage. Having as example the Norwegian model, this session will address how the costume is created in accordance with the hospital sanitary criteria.

Oral presentations:

Mitigating the effects and increasing resilience after traumatic experiences
Dr. Nessia Lang-Franco and Shoshi Ofir, Padeh Medical Center Poria and The Dream Doctors Project, Israel
Bon Emmanuelle, Le Rire Médecin, France
David Symons, The Humour Foundation, Australia

Healthcare clowning is increasingly found in **outpatients clinics specialized in children in need of special procedures**. Ano-genital examination after being sexually abused, examinations of victims of abuse or a long stay in the burn unit put children and their carers under significant fear, pain and anxiety. Healthcare clowns aim for mitigating these effects and **increasing resilience after traumatic experiences**. It can be also seen as an example of how Healthcare Clowning can be incorporated in hospital clinical practice and become an integral part of patient care.

Workshop:

Role play: How to obtain additional information and gain new insights through role play – [1h45min]
Martin Beck, ROTE NASEN Clowndoctors, Austria

Role play is an opportunity to obtain additional information about a situation or a problem. This **technique of "slipping" into the role of another person** gives us insights and perceptions that take place on a level other than the cognitive level.

Workshop:

The universal language: The clown's expression through music – [1h45min]
Irene Sexer and Silvina Sznajder, Alegria Intensiva, Argentina

THE ART OF CLOWNING - CONNECTING CULTURE, HEALTH AND SCIENCE

VIENNA, 4 - 6 APRIL 2018

Participants in this workshop will experience the musical and clowning languages as a connecting universal language. The workshop will be based on several games, which will help participants to **find their clown through music** and **voice as a vital impulse for transformation**. Participants will discover how music can be transformed into clowning and linked with every possible scene within the hospital environment.